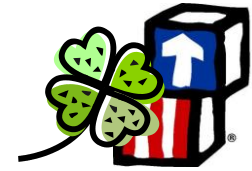




HEAD START OF YORK COUNTY CLASSROOM MENU OCTOBER 08



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Hard boiled eggs, toast, pear, milk Hamburger on roll, pickles, ketchup, french fries, apple, milk.	2 Blueberry Muffin, fruit cocktail, milk Spaghetti / meat sauce, tossed salad, orange, milk
6 Hot or cold cereal, juice, milk Grilled cheese w/ tomato soup, pear, milk	 7 Waffles/ syrup, bananas, milk Salisbury steak, mashed potatoes, corn, peaches, milk	8 Scramble eggs, toast, Mandarin orange, milk Bologna & cheese sandwich carrot & dip, apple, milk	9 English muffin, jelly, apple sauce, milk Baked Chicken, broccoli, bread, margarine, pineapple, milk
13 Hot or cold cereal, juice, milk Chicken nuggets, bread, margarine, mixed vegetable, fruit cocktail, milk	14 French toast /syrup bananas, milk Fish sandwich, parsley potatoes applesauce, milk	15 Hard boiled eggs, toast, peaches, milk Meat ball sub., broccoli, dip, pear, milk	16 Hot or cold cereal, Mandarin orange, milk Stir fry chicken with vegetables, rice, apple, milk
20 Hot or cold cereal, juice, milk Turkey & cheese sandwich, celery, dip, pineapple, milk	21 Cinnamon toast, bananas, milk Meat loaf, mashed potatoes, peas, bread, margarine, apple, milk	22 Scrambled egg, toast, pear, milk Chicken Vegetable soup, roll, jelly, orange, milk	23 Corn muffin, fruit cocktail, milk Chili, rice, peach, milk
27 Hot or cold cereal, juice, milk Chicken Noodle casseroles, peas, mandarin orange, milk	28 Pancakes/ syrup, bananas, milk Ravioli, tossed salad, apple, milk	29 Hard boiled eggs, toast, fruit cocktail, milk Baked chicken, green bean, bread, margarine, pineapples, milk	 30 Oatmeal, peach, milk Sloppy Joe, sandwich, celery & dip, orange, milk

**HEAD START OF YORK COUNTY
CLASSROOM MENU
OCTOBER 08**

